

## **I, Eye and Environment**

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### **Abstract**

Eye is our window to the world. Present day pollution and increased use of gadgets due to pandemic condition have affected our eyes to a great extent. Pollution is known to affect eyes adversely. As smart phones have become very handy, screen time of all ages from children to elders have increased. This study is presented on my experiences as an optometrist in the low vision affected by pollution and mobile use.

### **Key words**

*Low vision, Human eye, Smart phone, Pollution, Visual impairment, Eye care*