

# The identity recognition as a strategy for poverty resilience

## Resilience and Immigration in the people of Los Reyes Metzontla, Puebla

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### **Abstract**

The identity recognition from the dimensions of being, having, doing and being, through belonged known, identified and recognized, power self-esteem; being assertive commitment to integrate and act from your norms and values which define a part of a community that promotes resilience to adversity caused a social process, such as immigration.

**Keywords: Resilience, Immigration, Identity, Poverty**

### **1. Introduction**

The poverty as multidimensional is described as the lack of means and opportunities for a decent life (1) and not just the lack of food is defined, but also integrates physical and financial inability of the population to have access to it and responsible care of resources (2).

So, that although poverty risk adversity has been around since the nineteenth century, (3), according to the National Council for the Evaluation of Social Development Policy in Mexico (CONEVAL) in 2012, there were approximately 53.3 million people living in poverty, of which 78.42% were living in moderate poverty (41.8 million) while 21.57% (11.5 million) lived in extreme poverty or below the poverty line.

Against this backdrop of adversity and despite the many efforts in the fight against poverty in the country, it is necessary to expand and empower new sustainable alternatives. In this sense, the approach of resilience in poverty can address the premise that despite being born, live and grow in high-risk conditions, there is this possibility arise, emerge and access to better living conditions (4) .

Therefore, the concept of resilience helps us understand that although there are people who were born in unfavorable environments and high risk, the same can count on the personal ability to overcome adversity through a dynamic process in which many factors are involved internal and external to the individual.

Authors like Silas (2008) and Max Neef (1994) defined by one side, the resilience and the will coupled with the use of effective, social and communication skills, enabling recognized to face adversity (5) and on the other as operational development option, where the recognition of the needs and collective shortcomings can face adversity and resilience cause beings (6).

In effect, the community of Los Reyes Metzontla in the state of Puebla, Mexico, has been subject to a dynamic process of social adaptation to tackle poverty. This is through the creation and consolidation of local networks that support both economic and moral affront to those who have determined to emigrate to America in search of better living conditions and opportunities.

### **Referencias**

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